#### Park City Mountain Sports Club • March 2025



### **President's Message**

After a couple of worrisome weeks, more snow finally arrived. Hopefully you have all been able to take advantage of it.

When I look back at the newsletters and add up all the events across the year, I'm amazed. In the past twelve months we have had 518 events. 121 winter sports events, 302 summer sports events and 95 social or



special events. 518 opportunities to interact with each other, participate in fun activities and build our community.

Our goal is for Park City Mountain Sports Club to continue to be a vibrant active Club for the next 30 years, just as it has been for the past 30 years.

One of the ways we can do that is to welcome new members and help them settle into the Club. Recently at a TGIF, Pris Watson asked if there were any new members and asked them to introduce themselves - where they are from, what activities they like doing - and then other members came over and chatted to those new members. I thought that was a lovely idea. A really good way of recognizing people that are new to the Club, making them feel welcome and helping them find the right events for themselves. We would love you to tell people about the Club. Maybe you could bring a friend to an event or invite your friends or neighbors to join.

We also need our members to continue to volunteer with the Club. Without you volunteering, we have no Club. Thank you so much to those of you who are already volunteering, we really appreciate your involvement. You make the Club what it is. Maybe you could volunteer one additional time this year or maybe you know somebody who you can help to volunteer - perhaps someone who regularly attends your events but hasn't led an event yet. Or someone who has helped with one of our social events and could take on a bigger role.

At the upcoming Annual General Meeting (AKA The Bash), on March 15, we will propose the election of the following as Directors of the Club for the next year. For information purposes, if these proposed directors are elected, they intend to fill the indicated positions and roles for the Club:

Kate Stephenson (President) Maggi Messina (Vice President) Rich Marx (Treasurer) Michele Liencres (Secretary) Jeri Brooke (Communications) Irene Tendler (Social) Ruth Mather (Membership) Sophia Lucey (TGIF) Ellen Sherk (Winter Sports) Jackie Oken (Summer Sports)

I would also like to take this opportunity, on behalf of the Club, to thank our outgoing board members for their volunteer service:

Tim Ricks (served as VP, President and Past President) Lillian Laszlo (served as Summer Sports director) Rick Bolduc (served as Secretary)

We really appreciate the time and effort you have put into leading the Club. Thank you so much.

On a different note, we have received feedback about the plastic waste at TGIFs and Après Ski. We are asking you to bring your own reusable cups to events, if possible, to help reduce this waste.

#### **Events**

In February, the Club sponsored 42 events, comprising 24 downhill ski events, 5 cross-country ski days, 3 snowshoe hikes, 2 uphill ski events, 1 Knit & Stitch activity, 2 Après Skis, 3 TGIFs and 2 meditation and mindfulness events.

#### **Sports Events**

Downhill Skiing: There were 24 downhill skiing events in February.

The downhill skiing schedule had us skiing at Deer Valley on Monday and Thursday, at Park City on Monday, Tuesday, Wednesday and Friday and at Canyons on Wednesday.

We extend our thanks to the leaders of these downhill ski events, which included Pris Watson, Bill Watson, Billy Mitchell, Jane Sagerman, Steve Peer, Don Winsor, Kathy Kelleher, Diane Jamail, Ray Naudain, Bruce Woelfle, Sharon Heckman, Dan Albano, Howard Kantor, Rusty Gower, Larry Rose, Don Roll, Lisa Hunter, Bruce McLeod, Judy Peterman and Bill Hertzing. Many of those mentioned led one or even two of the events each week.

#### Cross Country Ski:

Five cross-country ski events took place, led by Joan Entwistle, Eric Klosterman and Ellen Sherk.

#### Snowshoe hikes:

Three moderate snowshoe hikes took place led by Rob and Jeri Brooke (2) and Ellen Sherk (1).

#### Uphill Skiing:

There were two introduction to uphill skiing events at Empire pass led by Jim McClave and Kate Stephenson.

Thanks to our winter sports coordinators Diane Gower (downhill), Joan Entwistle (XC), Jeri Brooke (snowshoeing) and Jim McClave (uphill and backcountry).

#### **Social Events**

Knit & Stitch: One Knit & Stitch event at Hugo's Coffee Shop organized by Caryn Harkins and Jennifer Gurss.

#### TGIF:

Three TGIF events were held, hosted by Lisa Power and Mike Benson, Jim McClave and Kate Stephenson (including live music by the PCMSC jamband) and one at The Timbers Bar at the Sheraton Hotel.

#### Après Ski:

There were two Après Ski events hosted by Karen and Jay Zorsky and Richard and Nancy Stone.

#### Meditation and Mindfulness:

Pam Carlquist led two Meditation and Mindfulness "retreats" at her home for beginners and experienced meditators.

Thank you as always to all the event coordinators, leaders and hosts who help us make the Club what it is.

Until next time.

Kate Stephenson President

## **Volunteer Spotlight**

#### Joan Entwistle

In 2019 I retired on a Wednesday, sold my house that Friday, and started my drive to Utah from Massachusetts that Sunday. After visiting Utah and Park City many times, it was time! I love all the hiking and cross-country skiing as well as music from the Beethoven festival to The Last Waltz. A mountain town with a great newspaper and radio station, Park City has it all.



I had learned about the Sports Club on one of my visits and was already a member when I arrived.

I find the best way to get to know people is through volunteering and organizing activities. I took over running Dogs and Suds in 2020, which turned into Sandwiches and Suds with social distancing, managed to buy more than enough food even with the supply-chain shortages in 2021, got a lot of help in 2022 - four days before my hip replacement, and finally handed it over to Irene in 2024. I enjoy leading easy hikes and helping people learn to cross country ski.

With big events like Dogs and Suds, Club members volunteer even before we send the email to ask for volunteers. Organizing and managing events ends up being fun. I am always so impressed with how much people do to make Club events memorable.

It's great to have so many friends and to be part of a really fun group in Park City.

#### **Pam Carlquist**

One thing's for sure: volunteers are the heart of the Park City Mountain Sports Club. Without them, there would be no Club. I, for one, would feel an emptiness without it.

My story goes back a ways... In 1975, my husband and I bought a 100-year-old Park City mining house on Marsac Avenue, which was then a sleepy mining



road. The whistle sounded twice a day, and miners, in a flurry of activity, would woosh past our little home on their way to or from their shifts. Park City, a ski bum/mining town then, had not a single stop light, and we lived simply and happily, skiing by moonlight along snowy Guardsman's Pass and into what is now Deer Valley and commuting by day to our workplaces in SLC. Eventually I accepted a position in the Park City School District, where I taught high school English for 21 years. In the summer of 2002, I joined the Park City Mountain Sports Club in hopes of finding new friends with whom I could share my love of nature and the great outdoors. That first year in the Club was like a dream come true, with amazing hikes and bike rides all summer long and through the Autumn, a camping trip to Southern Utah and the Shakespearean Festival, rowdy TGIFs, fun outdoorsy friends, and a host of ski outings in the winter.

In 2003-4, I served on the PCMSC Board as co-hiking chair with Bub Carlson. Later, under the leadership of David Anderson, I participated in or led strenuous hikes to many a mountain peak in the Wasatch and Uinta Mountains. Not only did we strenuous hikers love the added challenges but also enjoyed the camaraderie of the small groups, the quiet reverence of nature and, of course, the cold beer, provided by the hiking leaders, at the end of each long and eventful day.

By 2008, the PCMSC road bike program had dwindled to almost nothing, so a few of us who liked to ride decided to do something about it. Nancy Bradish and I became co-bike chairs, and the program flourished as we sent out requests to individuals who had participated in or led road bike rides in the past. Eager to see the program revive, a huge number of Club members volunteered to lead rides; and within a week, we had filled not only every weekend slot available, but many weeknights, as well. (Note: my peers were younger then, and most of us worked during the weekdays.) Nancy led a weekly beginner ride on the same night that Stan Hooley led a strenuous ride, and most moderate rides culminated in a well-earned lunch or dinner. The biking program was back!

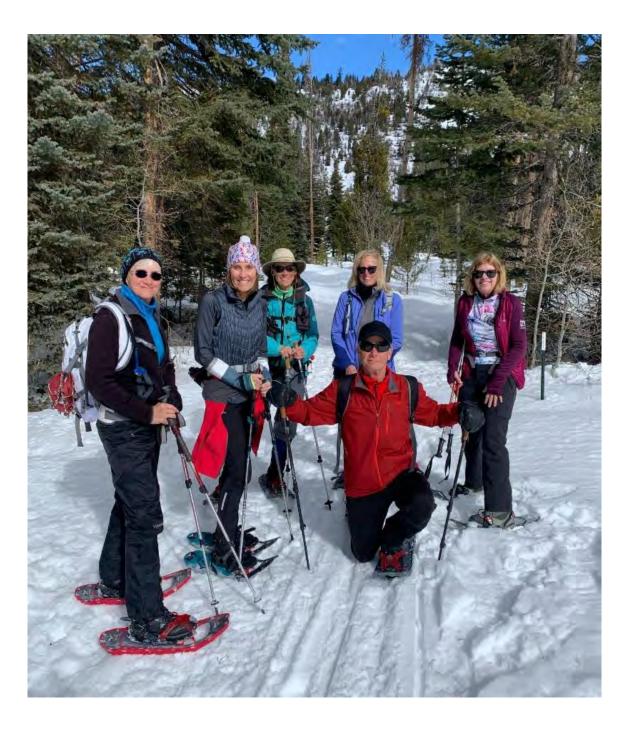
Always a fan of a good Super Bowl celebration, I (and later, my partner Michael Borrelli) hosted a PCMSC Super Bowl Aprés Ski Party for at least 10 years, with a Serious Super Bowl Room for those wishing to watch the game undisturbed; a Non-Serious Super Bowl Room for those wishing to talk at times during the game but NEVER during the commercials; and a Non-Super Bowl Room, complete with roaring fire and music (and no TV) for those wishing only to socialize. It was always a roaring success, even when the WRONG team won!

Finally, in 2011, after I returned from my second 10-day, 10-hour-a-day silent meditation retreat, several Club members asked if I would lead a meditation workshop for interested members. What began as a single event turned into a 14-year meditation and mindfulness tradition. Om!

Volunteers keep this amazing Club running. To all who *have* volunteered, THANKS! To all who *will* volunteer (YOU perhaps?), YES!

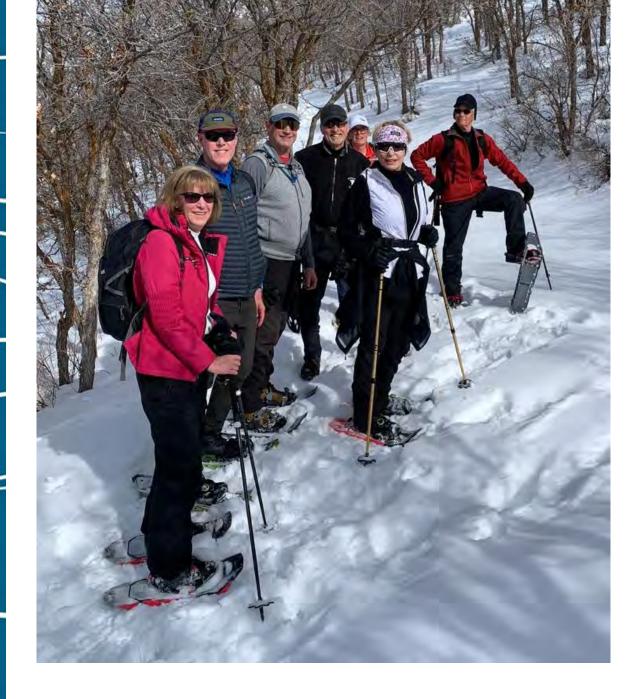
# **Photos**

Have you taken any pictures on club outings that you'd like to share? Please send them to <u>photos@pcmsc.org</u>.











Weather can cancel an event, please check the calendar and/or contact the leader if there might be a chance that the activity will be cancelled.



## Birthdays! See who's got a birthday this month



Check the <u>calendar</u> frequently, as activities

# get added regularly



Visit our website

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